

Preschool Special Education

Teacher Brianne's Newsletter

November 2025

What We Worked on in October



Coming up...

November 3-4 Parent-Teacher Conferences. No school for preschoolers.

November 11-Veteran's Day, No school

November 10 - Special Education PTSA meeting

ZOOM: <https://everettsd.zoom.us/j/87695080676>

Meeting ID: 876 9509 0676

November 26-28-Thanksgiving Break, No school/sessions

Information Spotlight: Connection between Motor Skills and Social-Emotional Development

Last month's newsletter discussed the connection between motor skill development to cognitive skill development. Another important brain function development is also impacted and greatly influenced by the development of motor skills and adequate active play time: **Social and Emotional Learning**.

Firstly, the development of gross motor skills such as running, kicking, climbing, etc. greatly impacts the development of the executive functioning skills in the brain which are responsible for things such as emotional regulation (understanding and changing your display of emotions for the needs of the situation) and impulse control. Secondly, Several studies suggest a correlation between fine motor developmental delays with social difficulties among children diagnosed with autism, though this does not generalize as strongly to the preschool population as whole. However, there is evidence to support a focus on building strength, competence in all motor skills in the early years, increasing the likelihood of participation in sports and activity, which does have a research base of improving social and behavior outcomes.